African Stitch

Flat Stitch Tutorial

Modified Pondo Stitch

Studio183

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You Need

8o seed beads **A**
11o seed beads **B**

Size D Beading thread to match the 8o beads
Size 12 Beading needles

Tension: Medium

Row 1

Unit 1

String 4A's onto a stretched and conditioned span of thread. Leaving a workable tail, tie the beads into a circle and sew through the first 2A's again Fig 1
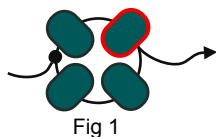
Fig 1

Unit 2

String 1B (linking bead) and 4A's; sew through the first 2A's again and pull the thread to snug the new beads up against the previous set of beads. Fig 2
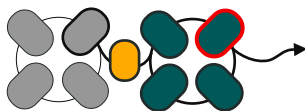
Fig 2

Units 3 - 5

Repeat Unit 2 until there a total of 5 units. Fig 3

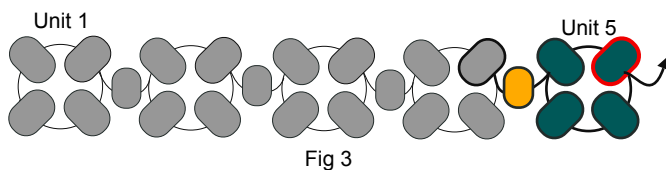Unit 1   Unit 5

Fig 3

Centre the Link Beads & add detail

Work back towards the first unit via the bottom sets of beads.
String 1B and sew through the next A; *string 1B, sew through 1A, 1B (linking bead) and the next A*. Repeat *-* another 4 times; string 1B and exit the top left A of Unit 1 Fig 4
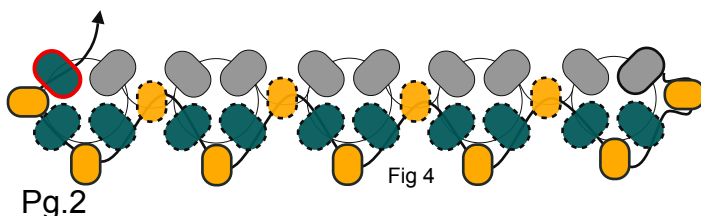
Fig 4

Pg.2

These instructions are for a
5 columns wide sampler
Once you know this stitch, you can choose how wide or narrow (min 2 columns) you want to go

Row 2

Unit 1

String 1B and 4A's, sew back through the B just added, clockwise through the 4A's of the unit below, back up the B and exit the first A to the right Fig 5
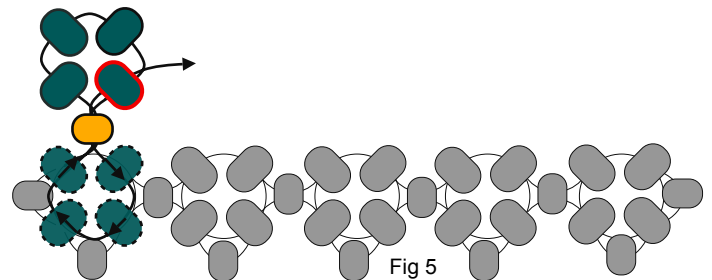
Fig 5

Units 2 - 5

Step 1 - String 1B/1A/1B, sew under the exposed thread between the top 2A's of the 2nd unit below and back up the last B added. Fig 6
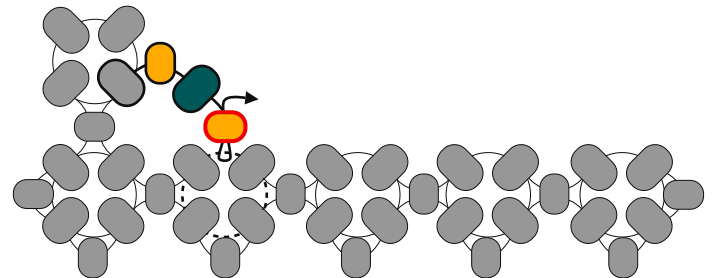
Fig 6

Step 2 - String 3A's, sew anti clockwise through the A added in step 1 and exit the 1st A just added. Fig 7
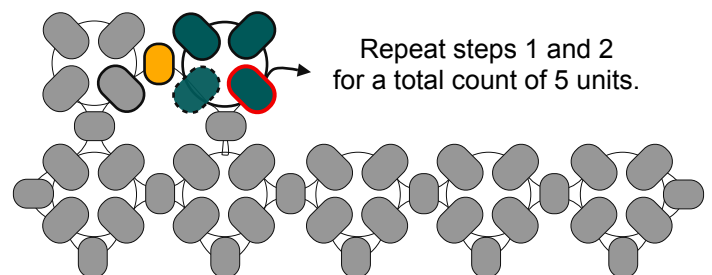
Repeat steps 1 and 2 for a total count of 5 units.

Fig 7

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Centre the link beads & add side beads

String 1B, needle back through the top A's and Link beads and exit the end A of the 1st unit added; string 1B, sew anti clockwise through the following 3A's and exit as shown, ready to start the next row. Fig 8
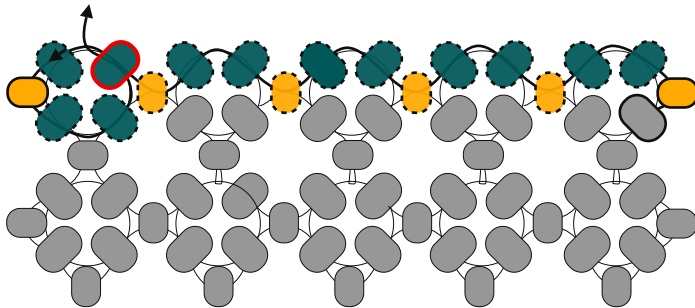
Fig 8

Row 3 onwards

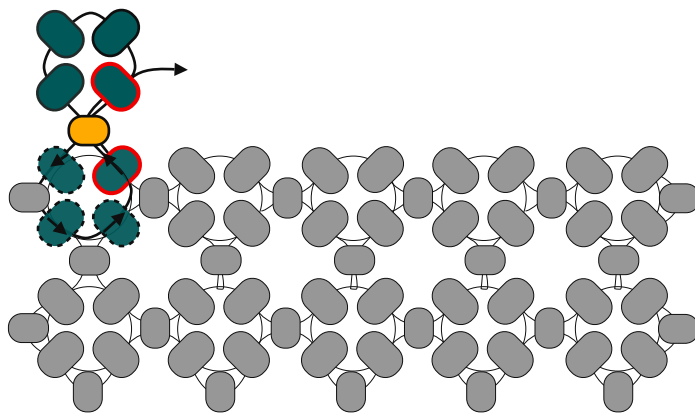Repeat Row 2, noting that from now on the 1st unit will be worked anti-clockwise. Fig 9

Fig 8

Last Row

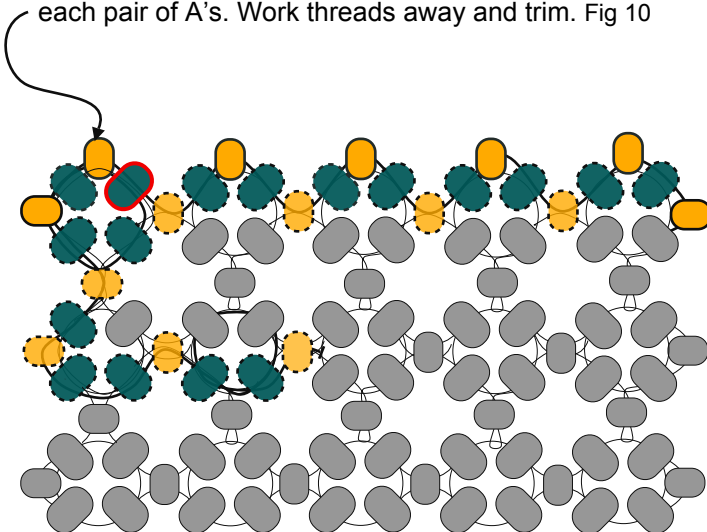When working back for the last time, add 1B between each pair of A's. Work threads away and trim. Fig 10

Fig 10

Now you can try my
Pondo Stitch patterns .

Indiemade Links

GOOSE BUMPS

TAPESTRY

MOJADJI

UPPER CRUST

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Fig 9

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